

Consecration 2010 (21 Days of Prayer and Fasting Guide)

Our Aim: To not fear, to concentrate (separate) ourselves unto the Lord Jesus, preparing eternally, preparing internally, preparing externally for the Hand of the Lord to be revealed, that He is pleased to be our God and we are pleased to be His people, that He receives us and be our Father and we be His sons and daughters. Help me to love you more God than the things of this world and to be a better worker for you. Open my eye to see the vision and the heart of our pastor (Pastor King Rhodes) whom you have given unto us. In Jesus Name, Amen.

Declaration: Jesus Christ is my fulfillment. **I Am Victorious!**

As members of His Church we covenant with you Jesus, to seek you first, to love you with all of our heart and our fellow man as ourselves. We declare we will serve you with gladness and joyfulness. (Math 6:33; 22:37; Deut 28:47) .

We will give you praise and honor in our lives and in our services. We declare we will represent you appropriately by living in holiness and in abundance by effectively using the dominion and authority you have given us for living.

We declare we shall be led by Your Holy Spirit and function in the gifts and callings that You have divided to us through the Holy Spirit to be profit to You and Your body, Lord Jesus. (Ps 145:3) (Gen 1:28, Math 28:18-20 II Cor 9:8-11) (I Cor 12:7) (Rom 8:1-7).

We declare to share the Good News to all and not be ashamed of Your Gospel. (Luke 4:16-19)

We declare to love one another and discern Your body each and every part. We declare to obey your voice, Lord Jesus.

We shall supernaturally prosper and be in health, nor shall any evil overtake us. Your Church shall be multiplied in number and quality. Help us to visit the imprisoned and feed the hungry.

We, Your Church, shall live in love, righteousness, abundance, joy, peace and Your divine health and safety every minute, every day all year long.

Sacrifice: I commit myself to this time of fasting and prayer. I will abstain from My normal daily foods (except for medical reasons), sex, television and, entertainment, video and computer games, theater, gossip, TV, movies, etc.

Types of Fasting: (Choose one of the following fasts.)

1. This Fast is going without food, but permits liquids. (100% juice, water)
2. The Working Fast allows fruits & vegetables for the period of the fast in addition to liquids. (100% juice, water)

Please see page 5 for list of recommended foods and drinks

Beginning: Date and time I will start fasting: Sunday January 17, 2010 at 12:01am

End: Date and time I will stop fasting: ending at midnight Saturday February 6, 2010

Personally I am fasting to break the mental and or emotional habit of:

Corporate Prayer Listing during Consecration 2010 (Prayer and Fasting)

Prayer Items:

1. Thank God for our debt free new land and building.
2. That we would walk in unity and agreement in our covenant relationships:
 - a. with God
 - b. with our families (spouses, children)
 - c. with our Church: leadership and fellow believers
3. Pray for Gods Power and Influence to be evident in us at all times
4. That we would significantly increase in number of ministry helpers and new workers. That ministry growth will be in terms of significant spiritual growth as well as numerical and financial growth.
5. That we win a significant amount of souls to Jesus Christ and help them be rooted and grounded in Him and the church
6. Pray that God will give us the heart of the people in our region that they will trust Christ that is in us that we may present them to God holy and acceptable...
7. Pray for a for greater grace and anointing to teach His Word to all nations in our region young, old, and the many surrounding cultures; making them disciples of Jesus Christ.
8. Pray for the birth of the His Church youth ministry, the growth of the children, the singles, the men, the women, the media/broadcasting, and the music ministry. That the Holy Spirit continues be pour out upon them.
9. That His Church meets its financial budget each week/monthly/yearly. And that I fulfill my part in tithes and offerings

Guidelines for the Consecration 2010:

- A. **Character development in our lives. Steps in the process of developing character, Demonstrating how to make and break habits.**
1. **Changed Thinking Leads to Changed Beliefs.**
 - a. Think differently about your habit and you will develop a deep belief about what to do.
 - b. Five steps to Biblical belief.
 - 1) I hope.
 - 2) I plan.
 - 3) I am confident.
 - 4) I know
 - 5) I do
 2. **Changed Beliefs Lead to Changed Expectations.**
 - a. Your expectations or vision must come from the True and Living God
 - b. God's vision for your life can be grasped as you take these four steps. 1). Look to Him to determine how He has enabled and gifted you. 2). Look to Him to see how He has used events to shape you and prepare you for something greater.
 - c. Look to Him to identify others around you for godly connections
 - d. Look to Him to determine what kind of life you want to live for God in the present and the future.
 3. **Changed Expectations Lead to Changed Attitudes.**
 - a. As you consistently apply a godly attitude, you develop habits that form a godly character.
 - b. Four steps are involved in developing a godly attitude.
 - 1). Identify the problem you wish to address.
 - 2). Identify the right thinking that will lead to changing a negative habit.
 - 3). Begin relating to positive godly people.
 - 4). Develop a plan that will encourage a positive godly attitude.
 4. **Changed Attitudes Lead to Changed Actions.**
 - a. Actions are "anything done or performed".
 - b. Actions may be good, wrong, ignorant, positive, planned or unplanned.
 - c. Our consistent actions are the fruit by which determines the kind of people we are.
 5. **Changed Actions Lead to Changed Habits,**
 - a. Actions done repeatedly become habits.
 - b. A habit or accomplishment is the complete satisfactory outcome of an action.
 - c. The goal of the Scriptures is "that you be complete, thoroughly equipped for every good work" (2 Timothy 3:17).
 6. **Changed Habits Lead to Character Transformation.**
 - a. Your character is the result of the pattern of your activities.
 - b. Good habits develop good character.
 - c. Bad habits develop bad character.

7. **Conclusion: A Godly Character is a Process.**

- a. Life is a process throughout which we develop character.
 - 1). First, we think about it.
 - 2). Then we know it.
 - 3). After that we dream it.
 - 4). Next we begin to focus on it.
 - 5). Our action leads to accomplishing it.
- b. Ultimately, we become it. We are a product of what we believe and in whom or what we believe governs our life.

B. **Lessons from Elijah's Response.**

1. Defeat Often Follows Victory.
2. God Knows the Heart and Its Habits.
3. We should not Get Depressed Doing God's Work.
4. Past Victory May Not Break Bad Habits.

C. **Lessons from Daniel's Response.**

1. Seek the mind of God.
2. Realize that God hears and responds to you.
3. Realize that the enemy comes try to block your blessings.
4. Learn to utilize your spiritual weapons. Use them to do warfare on your behalf.

D. **Prescription for the Fast:**

1. **Prepare Physically and Emotionally.**

- a. Vow to God that you will fast.
- b. Prepare for the fast.
- c. Fulfill your resolution.

2. **Recognize Your Limitations.**

- a. Admit that you cannot break your habit alone.
- b. Let others help you defeat your habit.

3. **Go Where You Can Meet God.**

- a. Sometimes it's necessary to celebrate the fast in secret.
- b. Actually revisit the place of past spiritual victories.
- c. Revisit the place symbolically in your memory.

4. **Fast to Hear the Word of the Lord.**

- a. Study to know what the Bible says, not what you think it says.
- b. Depressed people need to receive a positive external influence from outside their thinking.

5. **Let the Word Reveal Your Weakness.**

- a. When we read the Word of God, we begin to question where we are spiritually.
- b. Only when we question our habitual thought patterns can the bondage of mental habits be broken.
- c. During the fast use Scripture as a mirror to show you your weaknesses where you are emotionally and spiritually.

6. **Confess and Agree with God About Your Weakness.**
 - a. When we are filled with self justification, we cannot confess our needs.
 - b. Don't cover your need with the claim to be defending God He can defend Himself.
7. **Look for Quiet, Inner Meaning.**
 - a. Habits are broken not by external forces, but from within.
 - b. Our strength comes from within as we build up the inner person in Christ Jesus
 - c. Look within the Word of God, and listen with your own inner ear to hear what the Lord is saying to you.
8. **Look for the Positive Through God's Eyes.**
 - a. As long as we focus on our problems, we exercise faith in our problems.
 - b. God wants us to focus on His power so we can have more faith in His power rather than in our problems.
9. **Plan Positive Godly Actions.**
 - a. The way to break a bad habit is to acquire a stronger positive habit.
 - b. It is good to develop the ability to see ourselves as we really are, but more importantly, to develop the ability to see ourselves as God sees us.
10. **See Potential Results**
 - a. People break bad habits when they have goals that are stronger than the attractions of their bad habits.
 - b. When we understand our importance in God's plan, we can leave our despondency behind.

E. Principles to Remember

1. Focus on the Biblical principles of strength developed by withdrawing to "a place of rest," as Elijah did during fasting and prayer.
2. Bring your Bible and other study tools.
3. Fast and pray for God to give you a positive self-image mirroring Biblical character.
4. Fast and pray for the positive actions God would have you do
5. Develop a list of prayer requests for times of fasting.

F. Biblical reading throughout the fast.

1. Numbers ch 13 & 14
2. Daniel 10: 113 – for dealing with the concept of fasting
3. Matthew chapter 6 and Isaiah 58:15 for dealing with understanding prayer and fasting.
4. Book of Romans for dealing with the sin nature.
5. Book of John for dealing with the nature of Jesus Christ.
6. Book of Hebrews for dealing with the sacrifice of Jesus Christ.
7. 2 Chapters of Proverbs a day.
8. John 15
9. Ephesians 4 and 5
10. Romans 13
11. I Corinthians 12 and 13

G. Recommendation for a liquid Fast in moderation

1. Water
2. Milk
3. Naturally pure vegetable juices
4. Grape juices
5. Apple, juices
6. Orange juices
7. Tea (in moderation no sugar)
8. Any type of natural fruit juice

H. For individuals partaking in the working fast:

1. Raw vegetables (carrots, celery, spinach, etc)
2. Fruit: Bananas, apples, strawberries, etc.
3. Some meal replacement supplements

I. Things to avoid: (*things that are pleasurable to you*)

1. TV, movies, entertainment, Internet etc. Replace this time with Word and prayer
2. Drinks high in sodium and Acidic
3. All sugar and bread
4. Sodas
5. Sugar Juices like Kool-Aid
6. Coffee, Hot chocolate
7. Sweet Stuff: cake, cookies, ice cream, pie, candy, etc